



**Peter Harrison Centre**  
for Disability Sport

## Staff Profile

### Christof Leicht

**Research Assistant funded by the Peter Harrison Centre for Disability Sport.**

#### Qualifications:

MSc in Sports and Exercise Sciences, Swiss Federal Institute of Technology, Zurich, Switzerland (2004).

BSc in Biology, University of Berne, Switzerland (2001).

#### Current Research Interests:

Christof's research explores the relationship between rate of perceived exertion and training intensity in tetraplegic subjects.

#### Previous Research & Experience:

Both his publications and his previous work in performance diagnostics are dealing with exercise physiology.

#### Published Papers & Articles etc:

Leicht C., Perret C.: *Comparison of blood lactate elimination in individuals with paraplegia and able-bodied individuals during active recovery from exhaustive exercise.* J Spinal Cord Med. 2008;31(1):60-4.

Leicht C., Held T.: *Important determinants of VO<sub>2</sub>max in cycle ergometry.* Poster presentation at the Annual meeting of the American College of Sports Medicine (ACSM), Indianapolis, USA.

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